

Ov. Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	1	TOM CHARLES	M	MV40	CHORLTON RUNNERS	00:25:30	00:25:30		1	1	1
2	388	DOM CARTER	M	MSEN	YORK POSTAL HARRIERS	00:26:14	00:26:14		2	1	1
3	275	MATTHEW CULLEN-BROWN	M	MSEN	SALE HARRIERS MANCHESTER	00:26:36	00:26:36		3	2	1
4	210	HARRY POOLE	M	MSEN	BLACKPOOL WYRE & FYLDE AC	00:26:57	00:26:54		4	3	1
5	263	STEVEN HENDERSON	M	MV40	SALE HARRIERS MANCHESTER	00:27:10	00:27:10		5	2	2
6	211	JAMES STONE	M	MV40	MARPLE RUNNERS	00:28:04	00:28:04		6	3	1
7	190	MARLOW UPTON	M	MSEN	MANCHESTER YMCA HARRIERS	00:28:56	00:28:55		7	4	1
8	349	PHIL TOMKINSON	M	MSEN	MANCHESTER YMCA HARRIERS	00:29:05	00:29:05		8	5	2
9	309	DANIEL COTTLE	M	MV45	PRESTWICH AC	00:29:14	00:29:13		9	1	1
10	202	JORDAN LITTLEHALES	M	MSEN	STOCKPORT HARRIERS & AC	00:29:34	00:29:33		10	6	1
11	367	KATHERINE FITZPATRICK	F	FSEN	CHORLTON RUNNERS	00:29:39	00:29:38	1		1	1
12	366	RICHARD JOHNSON	M	MV60	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	00:29:40	00:29:39		11	1	1
13	481	JOSEPH ELMES	M	MSEN	HYDE PARK HARRIERS	00:29:40	00:29:39		12	7	1
14	137	JAKE HARRISON	M	MSEN	SALE HARRIERS MANCHESTER	00:29:41	00:29:40		13	8	3
15	472	LEO LOUGHRAN	M	MV45	BELLE VUE RACERS	00:30:05	00:30:05		14	2	1
16	387	HARRY DUTTON	M	MSEN	LIVERPOOL RUNNING BUGS	00:30:19	00:30:19		15	9	1
17	452	PHILIP BURNS	M	MV45	STOCKPORT HARRIERS & AC	00:30:26	00:30:26		16	3	2
18	172	TIM SHANKER	M	MV55	MANCHESTER YMCA HARRIERS	00:30:42	00:30:40		17	1	3
19	136	IAN HARRISON	M	MV45	LYMM RUNNERS	00:30:51	00:30:50		18	4	1
20	320	DAN MACAFEE	M	MSEN		00:30:52	00:30:51		19	10	
21	369	CHLOE ELLIOTT	F	FSEN	SALE HARRIERS MANCHESTER	00:30:53	00:30:53	2		2	1
22	265	RICH EVANS	M	MV60	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	00:30:57	00:30:55		20	2	2
23	102	REBECCA JACKSON	F	FSEN	WILMSLOW RUNNING CLUB	00:31:02	00:31:02	3		3	1
24	121	ZAIN ZIA	M	MSEN	ROCHDALE HARRIERS & AC	00:31:26	00:31:24		21	11	1
25	270	JAMES HARTSHORNE	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:31:33	00:31:31		22	4	1
26	261	JOSEPH HAYES	M	MSEN	MANCHESTER YMCA HARRIERS	00:31:38	00:31:38		23	12	4
27	122	LEE SMITH	M	MV50		00:31:41	00:31:39		24	1	
28	292	JENNY BADGER	F	FSEN	PRESTWICH AC	00:31:42	00:31:41	4		4	1
29	328	STUART NIXON	M	MV40	PRESTON HARRIERS	00:31:44	00:31:41		25	5	1
30	287	FRANK SEDDON	M	MSEN		00:32:13	00:32:10		26	13	
31	164	BEN MCAVOY	M	MSEN		00:32:15	00:32:13		27	14	
32	449	JOHN MCINTYRE	M	MSEN	DRAGONS RUNNING CLUB (SALE)	00:32:33	00:32:26		28	15	1
33	375	FRANCISCO J HERRANZ	M	MSEN		00:32:37	00:32:36		29	16	
34	432	HAYLEY SIMPSON	F	FSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:32:56	00:32:54	5		5	1
35	364	MIKE KINNEAR	M	MV45	BRAMHALL RUNNERS	00:32:57	00:32:53		30	5	1
36	495	JONATHAN RACKSTRAW	M	MSEN	PRESTON HARRIERS	00:33:05	00:33:03		31	17	2
37	152	ADRIAN WALKER	M	MV40	HYDE VILLAGE STRIDERS	00:33:09	00:33:05		32	6	1
38	54	STEPHEN BRUNDRETT	M	MV55	BRAMHALL RUNNERS	00:33:19	00:33:16		33	2	2
39	418	ALEXANDER HARPER	M	MSEN		00:33:26	00:33:11		34	18	
40	76	THOMAS ALLCOCK	M	MSEN		00:33:29	00:33:29		35	19	
41	288	JULIE SEDDON	F	FV45		00:33:33	00:33:30	6		1	
42	53	AMY WHELAN	F	FSEN	BUXTON AC	00:33:47	00:33:44	7		6	1
43	448	LORA BLANN	F	FV45	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	00:33:51	00:33:50	8		2	1
44	488	CHRIS PICKERING	M	MSEN	MONTON RUNNERS	00:34:02	00:33:56		36	20	1
45	101	MIKE TAYLOR	M	MSEN	MARPLE RUNNERS	00:34:13	00:34:08		37	21	2
46	398	ROBERT FAIRBANKS	M	MV45	SALE HARRIERS MANCHESTER	00:34:28	00:34:27		38	6	4
47	193	STEPHEN LITTLE	M	MV45	LIVERPOOL RUNNING BUGS	00:34:32	00:34:23		39	7	2
48	316	DAVID BURROWS	M	MV60	LIVERPOOL RUNNING BUGS	00:34:40	00:34:29		40	3	3
49	304	ANDREW GLEN	M	MV60	LIVERPOOL RUNNING BUGS	00:34:40	00:34:31		41	4	4
50	264	ANTHONY MCGIVNEY	M	MSEN	HYDE VILLAGE STRIDERS	00:34:44	00:34:39		42	22	2
51	135	PHIL DEASEY	M	MSEN		00:35:03	00:34:52		43	23	
52	165	REBEKAH LIVSEY	F	FSEN	STOCKPORT HARRIERS & AC	00:35:05	00:35:03	9		7	1
53	464	STEPHANIE STEVENS	F	FV55	CHORLTON RUNNERS	00:35:05	00:35:03	10		1	2
54	182	PAUL SMITH	M	MV60	MARPLE RUNNERS	00:35:11	00:35:06		44	5	3
55	133	JOSH MCALLISTER	M	MSEN		00:35:16	00:35:09		45	24	
56	326	THOMAS MAHER	M	MSEN		00:35:18	00:35:11		46	25	
57	298	CHRIS JACKSON	M	MV45	WARRINGTON ROAD RUNNERS	00:35:18	00:35:14		47	8	1
58	52	LUCY WHELAN	F	FSEN	BUXTON AC	00:35:27	00:35:20	11		8	2
59	354	DAVID AINSWORTH	M	MV65	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	00:35:29	00:35:24		48	1	3
60	322	HUXLEY MARTIN	M	MSEN		00:35:49	00:35:47		49	26	
61	187	MARK GARNER	M	MV50	RADCLIFFE AC	00:35:50	00:35:46		50	2	1
62	357	CHRIS SIMPSON	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:35:52	00:35:47		51	27	2
63	70	ELEANOR CONNELLY	F	FV40	MARPLE RUNNERS	00:35:58	00:35:56	12		1	1
64	429	MICHAEL KONTOWTT	M	MV60	RADCLIFFE AC	00:36:12	00:36:07		52	6	2
65	480	RICHARD BROMLEY	M	MSEN		00:36:23	00:36:23		53	28	
66	335	DAVID BANKS	M	MV40		00:36:31	00:36:19		54	7	
67	376	PAUL MOLYNEUX	M	MV45	NORTH BOLTON RUNNERS	00:36:42	00:36:30		55	9	1
68	337	COLIN ROYLE	M	MV45		00:36:44	00:36:40		56	10	
69	374	MICHAEL OLDLAND	M	MV40		00:36:50	00:36:40		57	8	
70	284	PETER BROWN	M	MV55	SALFORD METROPOLITAN AC	00:36:51	00:36:49		58	3	1
71	47	CARL BRADDOCK	M	MV60	DAVENPORT RUNNERS	00:36:57	00:36:56		59	7	1
72	474	LIAM WARD	M	MV40	MANCHESTER YMCA HARRIERS	00:37:00	00:36:57		60	9	5
73	496	MATTHEW HILL	M	MSEN	SALFORD METROPOLITAN AC	00:37:07	00:37:06		61	29	2
74	329	GEORGE SOLOMON	M	MSEN	MONTON RUNNERS	00:37:10	00:37:00		62	30	2
75	408	DAVE SOLOMON	M	MV55	FELIXSTOWE RRC	00:37:10	00:37:02		63	4	1
76	206	CARL MOORE	M	MSEN	LIVERPOOL RUNNING BUGS	00:37:12	00:36:57		64	31	5
77	394	KEENAN JENNINGS-NORMAN	M	MSEN		00:37:14	00:37:12		65	32	
78	153	JOHN MARK RICHARDS	M	MV45	MARPLE RUNNERS	00:37:15	00:37:10		66	11	4
79	312	EMMA SMITH	F	FSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:37:36	00:37:29	13		9	2
80	439	ALASDAIR BLAIN	M	MSEN	MONTON RUNNERS	00:37:42	00:37:25		67	33	3
81	302	TRACEY CARR	F	FV60	LIVERPOOL RUNNING BUGS	00:37:43	00:37:41	14		1	1
82	168	RICHARD SAVORY	M	MV45	KNOWSLEY HARRIERS	00:37:45	00:37:41		68	12	1
83	467	EMMA NUNNERLEY	F	FV50	LYMM RUNNERS	00:37:46	00:37:42	15		1	1
84	500	BEN TELFER	M	MSEN		00:37:47	00:37:39		69	34	
85	473	SARAH COOK	F	FV45	MARPLE RUNNERS	00:37:48	00:37:45	16		3	2
86	343	ANDREW WISDOM	M	MSEN		00:37:53	00:37:50		70	35	

87	72	PHIL WILCOXON	M	MV65	BELLE VUE RACERS	00:37:59	00:37:44	71	2	2
88	423	CAROLINE BROWN	F	FV55	WIGAN & DISTRICT H & AC	00:38:00	00:37:53	17	2	1
89	175	JAMES MCGLYNN	M	MV75	WIGAN & DISTRICT H & AC	00:38:03	00:37:56		72	1
90	457	VICKY ROBINSON	F	FSEN	MARPLE RUNNERS	00:38:17	00:38:08	18	10	3
91	59	RYAN LEONARD	M	MSEN		00:38:19	00:38:15		73	36
92	197	KATIE SPARKES	F	FSEN	LIVERPOOL RUNNING BUGS	00:38:23	00:38:10	19	11	2
93	338	JORDAN HORNBY	M	MSEN		00:38:25	00:38:17		74	37
94	412	JONATHAN BELL	M	MSEN	MONTON RUNNERS	00:38:32	00:38:13		75	38
95	205	ANDREW COLE	M	MV55	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:38:37	00:38:26		76	5
96	456	NATHAN WALKER	M	MV45		00:38:45	00:38:42		77	13
97	371	GLYN WILLIAMS	M	MV55	PRESTWICH AC	00:38:51	00:38:32		78	6
98	386	LUKE WILLOUGHBY	M	MSEN	MONTON RUNNERS	00:38:57	00:38:38		79	39
99	415	KELLY WARING	F	FV40		00:39:08	00:39:03	20	2	
100	184	CAROLYN CULLEN	F	FV50		00:39:13	00:39:07	21	2	
101	479	CLAIRE SKEA	F	FSEN	WIDNES RUNNING CLUB	00:39:15	00:39:10	22	12	1
102	198	RYAN FISK	M	MSEN		00:39:17	00:38:41		80	40
103	145	NICK STACEY	M	MSEN		00:39:18	00:39:11		81	41
104	482	JOSIE CLOUGH	F	FSEN	MANCHESTER YMCA HARRIERS	00:39:19	00:39:07	23	13	1
105	201	CONNOR CARTER	M	MSEN	MONTON RUNNERS	00:39:20	00:39:03		82	42
106	413	DAVE CLARKE	M	MV55	PRESTWICH AC	00:39:21	00:38:58		83	7
107	466	FRED GARDNER	M	MSEN	DANE BANK RUNNING CLUB	00:39:24	00:39:19		84	43
108	470	SAMANTHA ROSE	F	FV45	DRAGONS RUNNING CLUB (SALE)	00:39:30	00:39:20	24	4	1
109	331	LINDSAY KILBURN	F	FSEN		00:39:35	00:39:29	25	14	
110	359	DOMINIC PARRY	M	MV50	RADCLIFFE AC	00:39:37	00:39:30		85	3
111	207	STUART GREEN	M	MV50	MILE SHY CLUB	00:39:41	00:39:27		86	4
112	130	IAN JOHNSON	M	MSEN		00:39:45	00:39:23		87	44
113	455	HELEN LEUNG	F	FV45	PRESTWICH AC	00:39:50	00:39:27	26	5	2
114	318	ANDREW RUDDER	M	MV55		00:39:52	00:39:42		88	8
115	401	MICHAEL CURRY	M	MV60		00:39:54	00:39:33		89	8
116	9	ANNA ASHTON	F	FV65	MARPLE RUNNERS	00:39:55	00:39:50	27	1	4
117	392	GREG STEPHENS	M	MV50	WIDNES RUNNING CLUB	00:40:00	00:39:54		90	5
118	208	NEIL WALKER	M	MV55	THE CLIQUE	00:40:15	00:40:05		91	9
119	321	BRUCE MARTIN	M	MV50		00:40:17	00:40:14		92	6
120	139	LUKE WINTERBOURNE	M	MSEN		00:40:17	00:39:54		93	45
121	112	RACHEL DONNELLY	F	FV55	RUNNING BEAR	00:40:22	00:40:19	28	3	1
122	24	CHRIS HEWSON	M	MV50		00:40:27	00:40:14		94	7
123	463	SAMUEL CRAWSHAW	M	MV50	LEVENSULME RUNNERS	00:40:30	00:40:05		95	8
124	267	SUZANNE DARKE	F	FV50	ROYTON ROAD RUNNERS	00:40:34	00:40:17	29	3	1
125	218	OLIVER KING	M	MSEN		00:40:37	00:39:47		96	46
126	317	NIGEL SMITH	M	MV45	PRESTWICH AC	00:40:38	00:40:15		97	14
127	440	CHEMANE THOMAS	F	FV40	RADCLIFFE AC	00:40:43	00:40:31	30	3	1
128	285	GEORGE WILLIAMS	M	MV75		00:40:44	00:40:31		98	2
129	162	PAUL COWELL	M	MV55	BRAMHALL RUNNERS	00:40:46	00:40:34		99	10
130	344	CHRIS BROWN	M	MV55		00:40:48	00:40:32		100	11
131	160	SUSANNAH WILLIAMS	F	FV40	MARPLE RUNNERS	00:40:49	00:40:40	31	4	5
132	10	STEVE DANIELS	M	MV50	TWISTED RUNNING	00:40:50	00:40:26		101	9
133	103	ALLISON KIRKBRIDE	F	FV55	STYAL RUNNING CLUB	00:40:55	00:40:34	32	4	1
134	68	NEIL COMMINS	M	MV55	MARPLE RUNNERS	00:40:56	00:40:31		102	12
135	395	STEPHEN WADDINGTON	M	MV50		00:40:57	00:40:47		103	10
136	154	MATTHEW KAYES	M	MV45	MARPLE RUNNERS	00:40:58	00:40:49		104	15
137	39	MARTIN BRIERLEY	M	MV40		00:41:02	00:40:53		105	10
138	180	SHEILA JONES	F	FV70	RADCLIFFE AC	00:41:03	00:40:51	33	1	2
139	293	ZEKI AL-KHISHALI	M	MSEN	MARPLE RUNNERS	00:41:06	00:40:56		106	47
140	217	DANIEL OXFORD	M	MV45		00:41:08	00:41:08		107	16
141	303	KIERON CARR	M	MV55	LIVERPOOL RUNNING BUGS	00:41:11	00:41:07		108	13
142	434	MARK SAVIN	M	MSEN		00:41:12	00:41:12		109	48
143	333	DOM HUNT	M	MSEN		00:41:14	00:40:55		110	49
144	181	KYLIE NIXON	F	FV50	MARPLE RUNNERS	00:41:15	00:40:47	34	4	6
145	32	VANESSA CONNOLLY	F	FV45		00:41:30	00:41:24	35	6	
146	377	GARY SMITH	M	MV65	NORTH BOLTON RUNNERS	00:41:36	00:41:14		111	3
147	352	KATE CAMMISH	F	FV50		00:41:45	00:41:26	36	5	
148	79	JAMES HAMILTON	M	MSEN		00:41:52	00:41:32		112	50
149	199	LUCAS GAYNOR	M	MSEN		00:41:55	00:41:34		113	51
150	438	MATT OLIVE	M	MSEN	OLDHAM & ROYTON H & AC	00:41:56	00:41:38		114	52
151	382	JAMIE STEWART	M	MSEN	LIVERPOOL RUNNING BUGS	00:42:02	00:41:49		115	53
152	461	USHA LAD	F	FV55	WARRINGTON ROAD RUNNERS	00:42:04	00:41:57	37	5	1
153	478	DAWN WALKER	F	FV45		00:42:10	00:42:01	38	7	
154	393	DAN CATHIE	M	MV50		00:42:11	00:41:37		116	11
155	351	MEGAN THOMPSON	F	FSEN	MONTON RUNNERS	00:42:18	00:41:52	39	15	1
156	212	LISA ANTROBUS	F	FV40	RADCLIFFE AC	00:42:23	00:42:10	40	5	3
157	195	JENNIFER BENNETT	F	FSEN	DRAGONS RUNNING CLUB (SALE)	00:42:24	00:42:09	41	16	2
158	38	JOHN BRIERLEY	M	MV65		00:42:31	00:42:21		117	4
159	334	ANNIE WAKEFIELD	F	FSEN	MONTON RUNNERS	00:42:36	00:42:36	42	17	2
160	372	ADRIAN ASHBURN	M	MV45	RADCLIFFE AC	00:42:37	00:42:24		118	17
161	286	CLAIRE CAMERON	F	FV45		00:42:40	00:42:26	43	8	
162	84	KEITH GAVAN	M	MV60	PARR BRIDGE RUNNERS	00:42:46	00:42:38		119	9
163	422	SEAN PENNICOTT	M	MV45	ROYTON ROAD RUNNERS	00:42:46	00:42:28		120	18
164	350	CHARMAYNE BRIERLEY	F	FV55	GLOSSOPDALE HARRIERS	00:42:47	00:42:20	44	6	1
165	368	JAMES BOYD	M	MV55	MOOR ROAD RUNNERS	00:42:50	00:42:09		121	14
166	296	ANGELA OLDLAND	F	FV45		00:42:53	00:42:41	45	9	
167	178	ELIZABETH CALVERT	F	FV50	PRESTWICH AC	00:42:58	00:42:39	46	6	3
168	486	PAUL HINE	M	MV45		00:43:05	00:42:45		122	19
169	91	ALAN JENNINGS	M	MV45		00:43:11	00:42:41		123	20
170	450	NEIL MIDDLEHURST	M	MV55		00:43:13	00:42:38		124	15
171	156	WILLIAM HASSALL	M	MV55		00:43:20	00:42:49		125	16
172	425	KATIE PIGGOTT	F	FV40		00:43:22	00:43:09	47	6	
173	100	DANIEL THOMAS	M	MSEN		00:43:25	00:42:53		126	54

174	324	KEVIN MAHER	M	MV55		00:43:26	00:43:09	127	17	
175	342	CASPAR WISDOM	M	MSEN		00:43:26	00:43:17	128	55	
176	319	ANDREW HODSON	M	MV55	MARPLE RUNNERS	00:43:28	00:43:20	129	18	8
177	492	EMMA MOONEY	F	FV45	MARPLE RUNNERS	00:43:29	00:43:00	48	10	7
178	209	LAUREN HODSON	F	FSEN	MARPLE RUNNERS	00:43:31	00:43:22	49	18	8
179	163	JOHN ARCHER	M	MV75	SALE HARRIERS MANCHESTER	00:43:34	00:43:26	130	3	5
180	497	LUKE ANDERSON	M	MSEN		00:43:37	00:43:12	131	56	
181	445	ALEX BURGESS	F	FSEN		00:43:37	00:43:15	50	19	
182	361	IAIN LINDLEY	M	MV40	MONTON RUNNERS	00:43:44	00:43:29	132	11	7
183	475	GRACE HOLLOWAY-NEVILLE	F	FSEN	MANCHESTER YMCA HARRIERS	00:43:45	00:43:34	51	20	2
184	276	DANIEL COLBERT	M	MV40	MILE SHY CLUB	00:43:45	00:43:29	133	12	2
185	295	DAVE MALLON	M	MV45		00:43:49	00:43:16	134	21	
186	437	STEPHEN SANDERS	M	MV50	CHORLTON RUNNERS	00:43:50	00:43:39	135	12	2
187	173	MARTIN BATES	M	MV65	WESHAM ROAD RUNNERS & AC	00:43:54	00:43:44	136	5	1
188	294	CHRIS LOCKE	M	MSEN	WILMSLOW STRIDERS	00:43:54	00:43:35	137	57	1
189	307	MOLLIE SINNOTT	F	FSEN		00:43:57	00:43:19	52	21	
190	176	NOREEN EDERY	F	FV75	VEGAN RUNNERS UK	00:44:05	00:43:59	53	1	1
191	430	NICOLA PIERCE	F	FV50	WEST END RUNNERS	00:44:06	00:43:36	54	7	1
192	406	SEAN BLINKHORN	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:44:07	00:43:55	138	58	4
193	113	ALISON CLIFT	F	FV50	DAVENPORT RUNNERS	00:44:13	00:44:02	55	8	1
194	169	RACH GARNER	F	FV50	PRESTWICH AC	00:44:16	00:43:55	56	9	4
195	110	SARAH BROOKE	F	FV55	SPORTS FEET	00:44:16	00:44:09	57	7	1
196	109	MALCOLM DUNNE	M	MV65	LONELY GOAT RC	00:44:17	00:44:10	139	6	1
197	138	NATALIE HALLIWELL	F	FSEN		00:44:18	00:43:55	58	22	
198	141	JON CHILTON	M	MV60		00:44:19	00:43:58	140	10	
199	310	STEPHEN JEWELL	M	MV50	DRAGONS RUNNING CLUB (SALE)	00:44:19	00:44:04	141	13	2
200	269	LOUISE HAMER	F	FV50		00:44:20	00:43:53	59	10	
201	489	DENISE OAKLEY	F	FV55	NORTH BOLTON RUNNERS	00:44:21	00:43:56	60	8	1
202	196	LORNA BAKER	F	FV45	DRAGONS RUNNING CLUB (SALE)	00:44:22	00:44:07	61	11	3
203	200	IMOGEN MAYO	F	FSEN	MONTON RUNNERS	00:44:23	00:44:06	62	23	3
204	16	PHILLIP WHITE	M	MV60		00:44:24	00:43:59	142	11	
205	74	ABI PRADY	F	FSEN	MADE RUNNING CLUB	00:44:25	00:44:15	63	24	1
206	43	ALYSON ADAMS	F	FV60	BRAMHALL RUNNERS	00:44:25	00:44:11	64	2	1
207	315	GARY COXON	M	MV70	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:44:27	00:44:14	143	1	5
208	115	JAMIE PRICE	M	MSEN		00:44:30	00:43:52	144	59	
209	289	JON PARAMOR	M	MV70	MANCHESTER YMCA HARRIERS	00:44:34	00:44:05	145	2	6
210	71	SALLY CHEETHAM	F	FV60	BELLE VUE RACERS	00:44:39	00:44:15	65	3	1
211	51	MARK WHELAN	M	MV55	BUXTON AC	00:44:40	00:44:27	146	19	1
212	370	JOANNE HOUGHTON	F	FV60	PRESTWICH AC	00:44:46	00:44:31	66	4	5
213	431	HELEN MOORE	F	FV55	WIDNES WASPS LADIES R C	00:44:49	00:44:23	67	9	1
214	373	ANTHONY LOCKE	M	MV70	WILMSLOW STRIDERS	00:44:49	00:44:28	147	3	2
215	17	AMANDA GERRIE	F	FV50		00:45:08	00:44:48	68	11	
216	340	STEVEN GALLAGHER	M	MSEN	MONTON RUNNERS	00:45:11	00:44:52	148	60	8
217	107	PHIL WILSON	M	MV65	THORNTON CLEVELYS RUNNING CLUB	00:45:14	00:44:30	149	7	1
218	15	CATHERINE COWDREY	F	FSEN		00:45:15	00:44:50	69	25	
219	493	CATHERINE BELL	F	FV50		00:45:17	00:44:52	70	12	
220	279	LEE STOTT	M	MV50	MONTON RUNNERS	00:45:18	00:44:36	150	14	9
221	179	MARK BAILEY	M	MV60	W2R BLACKLEY	00:45:19	00:44:49	151	12	1
222	69	MICHAEL CONNELLY	M	MV50	MARPLE RUNNERS	00:45:22	00:44:55	152	15	9
223	390	STEPHEN JONES	M	MV65	THE CLIQUE	00:45:28	00:45:20	153	8	2
224	490	BRENDAN HARPER	M	MV65		00:45:30	00:44:51	154	9	
225	323	SARAH WILSON	F	FSEN	RADCLIFFE AC	00:45:34	00:45:20	71	26	4
226	22	ANGELA DEBBAGE	F	FV60	WATERSIDE RUN CLUB	00:45:34	00:45:11	72	5	1
227	95	RICHARD MACLACHLAN	M	MSEN		00:45:37	00:45:04	155	61	
228	166	DUNCAN SHUTTLEWORTH	M	MV65	PRESTWICH AC	00:45:41	00:45:13	156	10	5
229	140	LINDSAY HALLIWELL	F	FV50		00:45:47	00:45:25	73	13	
230	397	JENNIFER HARDMAN-SMITH	F	FV40	MONTON RUNNERS	00:45:47	00:45:27	74	7	4
231	94	MICHAEL RYAN	M	MV40	MONTON RUNNERS	00:45:47	00:45:28	157	13	10
232	19	KIERAN STANCOMBE	M	MSEN		00:45:50	00:44:55	158	62	
233	433	NILOUFAR GERAMIPOUR	F	FSEN		00:45:51	00:45:12	75	27	
234	170	ANDREW DUFFY	M	MV60	PENDLESIDE RUNNERS	00:45:51	00:45:32	159	13	1
235	125	MICHAEL WATSON	M	MV60		00:45:53	00:45:36	160	14	
236	97	JENNY CASTLE	F	FV50		00:45:54	00:45:10	76	14	
237	483	JENNIFER HELM	F	FV45	PRESTWICH AC	00:45:58	00:45:38	77	12	6
238	78	DAVID NOBLE	M	MV40		00:46:00	00:45:41	161	14	
239	282	NAD EL-KHATIB	M	MSEN	MONTON RUNNERS	00:46:01	00:45:41	162	63	11
240	111	DAVID GRAY	M	MV55		00:46:04	00:45:30	163	20	
241	300	SARAH EGLIN	F	FV50	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	00:46:04	00:45:55	78	15	2
242	442	MATTHEW BRYAN	M	MSEN	MONTON RUNNERS	00:46:05	00:45:46	164	64	12
243	120	RHIANNON HAYDEN	F	FSEN		00:46:06	00:45:59	79	28	
244	119	RACHEL HAWKINS	F	FSEN		00:46:07	00:45:59	80	29	
245	216	ROGER BLACKBURN	M	MV50	RUNTHROUGH RUN CLUB	00:46:09	00:45:21	165	16	1
246	191	PATRICK BALLANTINE	M	MSEN		00:46:14	00:45:38	166	65	
247	402	KIT CLAXTON	M	MV50	LIVERPOOL RUNNING BUGS	00:46:15	00:45:16	167	17	8
248	13	DIANE HALLIWELL	F	FSEN		00:46:15	00:45:48	81	30	
249	14	ALEX SHAW	M	MSEN		00:46:16	00:45:49	168	66	
250	274	SHAUN DONAGHY	M	MV45	MARPLE RUNNERS	00:46:17	00:46:06	169	22	10
251	21	CAROLYN STADDON	F	FV55	WATERSIDE RUN CLUB	00:46:20	00:46:00	82	10	2
252	204	SALLY JONES	F	FV55		00:46:22	00:46:11	83	11	
253	491	CATHERINE O'ROURKE	F	FSEN		00:46:26	00:46:06	84	31	
254	81	ANDREW LOVERIDGE	M	MV65		00:46:27	00:45:48	170	11	
255	23	SUZANNE HEWSON	F	FV55	SPORTS FEET	00:46:27	00:46:16	85	12	2
256	89	KATE REDFERN	F	FV50	NORTH BOLTON RUNNERS	00:46:33	00:46:06	86	16	2
257	90	JENNY BROWN	F	FV50	NORTH BOLTON RUNNERS	00:46:35	00:46:08	87	17	3
258	365	ALICE KINNEAR	F	FSEN	BRAMHALL RUNNERS	00:46:59	00:46:47	88	32	2
259	171	COLIN DAVIES	M	MV75	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	00:47:01	00:46:50	171	4	4
260	381	RHIAN WOOD	F	FSEN	MILE SHY CLUB	00:47:08	00:46:54	89	33	1

261	118	AMANDA O'BRIEN	F	FV55		00:47:10	00:46:24	90	13	
262	67	MELANIE COMMINS	F	FV50	MARPLE RUNNERS	00:47:12	00:46:47	91	18	9
263	485	ROB GRIFFIN	M	MV55		00:47:15	00:46:26		172	21
264	281	SALLY MARCH	F	FV50	PRESTWICH PLODDERS	00:47:18	00:46:26	92	19	1
265	347	FRANCESCA LAWRENCE	F	FSEN		00:47:27	00:47:01	93	34	
266	358	KATHRYN DAVIES	F	FV60	RADCLIFFE AC	00:47:30	00:47:03	94	6	5
267	384	SARAH BULLOCK	F	FV45	SWINTON RUNNING CLUB	00:47:36	00:46:49	95	13	1
268	12	TONY HILLIER	M	MV75	NORTHERN MASTERS AC	00:47:37	00:47:23		173	5
269	266	TRACY LIVESSEY	F	FV55	MANCHESTER HARRIERS & AC	00:47:47	00:47:27	96	14	1
270	353	ANN MCLAUGHLIN	F	FV60	MANCHESTER HARRIERS & AC	00:47:48	00:47:28	97	7	2
271	131	ALISON LYNCH	F	FV60	SWINTON RUNNING CLUB	00:47:58	00:47:28	98	8	2
272	104	NETTY WATSON	F	FV55	LEVENSHULME RUNNERS	00:48:03	00:47:37	99	15	1
273	280	ANNA FORBES	F	FSEN		00:48:04	00:47:39	100	35	
274	400	JILL YOUNG	F	FV55		00:48:05	00:47:47	101	16	
275	348	JULIE BINDON	F	FV40	PRESTWICH AC	00:48:24	00:48:03	102	8	7
276	108	ANNA MARTIN	F	FV50		00:48:28	00:47:52	103	20	
277	92	LOUISA JENNINGS	F	FV45		00:48:28	00:47:59	104	14	
278	143	STEVE BLACK	M	MV50	BE WELL	00:48:29	00:48:08		174	18
279	106	PENNY HASLETT	F	FV60		00:48:29	00:47:57	105	9	
280	339	STUART DICKMAN	M	MV45		00:48:34	00:48:08		175	23
281	45	RODGER BOOTHMAN	M	MV65	LONELY GOAT RC	00:48:43	00:48:17		176	12
282	411	BEN CROSBY	M	MSEN	MANCHESTER YMCA HARRIERS	00:48:45	00:48:16		177	67
283	161	FIONA COWELL	F	FV60	BRAMHALL RUNNERS	00:48:58	00:48:38	106	10	3
284	99	JONATHAN HILL	M	MV40		00:49:11	00:48:37		178	15
285	33	SARAH DILLON	F	FSEN	W2R BLACKLEY	00:49:22	00:48:50	107	36	1
286	147	BOB BROUGHTON	M	MSEN	MONTON RUNNERS	00:49:29	00:48:39		179	68
287	409	LAUREN ACTON	F	FSEN	SPORTS FEET	00:49:29	00:48:51	108	37	3
288	305	ANNE KELLY	F	FV50	DRAGONS RUNNING CLUB (SALE)	00:49:34	00:49:18	109	21	4
289	203	KATIE FLETCHER	F	FSEN		00:49:34	00:48:47	110	38	
290	385	MORGAN BRACK	F	FSEN		00:49:39	00:49:13	111	39	
291	308	FREJA WATKISS	F	FSEN		00:49:44	00:49:19	112	40	
292	148	JASON PANG	M	MSEN	MONTON RUNNERS	00:49:45	00:48:57		180	69
293	325	KATIE MAHER	F	FSEN		00:49:48	00:49:33	113	41	
294	404	CHARLOTTE O'MALLEY	F	FSEN	MONTON RUNNERS	00:49:49	00:49:28	114	42	5
295	26	GAVIN JOHNSTONE	M	MV60	SPORTS FEET	00:49:55	00:49:14		181	15
296	174	NIKKI BURGESS	F	FV55	MANCHESTER HARRIERS & AC	00:49:57	00:49:39	115	17	3
297	356	NICHOLA COOKE	F	FV40	PRESTWICH AC	00:50:06	00:49:42	116	9	8
298	98	KATHLEEN THOMAS	F	FSEN		00:50:07	00:49:35	117	43	
299	30	CALUM BURRELL	M	MV50	DAVENPORT RUNNERS	00:50:09	00:49:45		182	19
300	297	MARTIN GETHING	M	MV70	NORTH BOLTON RUNNERS	00:50:11	00:49:48		183	4
301	399	JOANNE LEAH	F	FV50		00:50:13	00:49:25	118	22	
302	6	MARIA RUSHTON	F	FV60	MARPLE RUNNERS	00:50:18	00:49:49	119	11	10
303	471	STEPHEN BROOK	M	MV75	QUEENSBURY RUNNING CLUB	00:50:20	00:50:03		184	6
304	183	PHIL QUIGLEY	M	MV60	PRESTWICH AC	00:50:25	00:49:45		185	16
305	96	ELIN GOSBY	F	FSEN		00:50:29	00:49:53	120	44	
306	468	SAM TAYLOR	F	FV60		00:50:32	00:49:40	121	12	
307	458	URSULA NORMAN	F	FV50		00:50:34	00:49:55	122	23	
308	58	AMANDA BISHOP	F	FSEN	BRAMHALL RUNNERS	00:50:50	00:50:35	123	45	4
309	105	GARY WILKINSON	M	MV60		00:50:51	00:49:56		186	17
310	188	LAURA JOSEPHS	F	FSEN		00:50:52	00:49:59	124	46	
311	290	SUE THURROLD	F	FV60	STYAL RUNNING CLUB	00:50:55	00:50:31	125	13	2
312	132	CAROL HALFORD	F	FV55		00:50:58	00:50:26	126	18	
313	159	DAVE TROWSE	M	MV65	SPORTS FEET	00:51:00	00:50:26		187	13
314	31	JOHN BASING	M	MV65	BELLE VUE RACERS	00:51:05	00:50:36		188	14
315	3	MEGAN WOODING	F	FV65		00:51:06	00:50:26	127	2	
316	57	CHARLOTTE SUTTON	F	FV40	BRAMHALL RUNNERS	00:51:07	00:50:52	128	10	5
317	48	CHRISTINA BRADDOCK	F	FV55	DAVENPORT RUNNERS	00:51:27	00:50:51	129	19	2
318	126	MIRANDA WASHINGTON	F	FV55		00:51:45	00:51:10	130	20	
319	127	NEIL BROWNING	M	MV50		00:51:46	00:51:10		189	20
320	4	BOB JONES	M	MV65	MARPLE RUNNERS	00:51:48	00:51:23		190	15
321	167	EMMA BISHOP	F	FV40	PRESTWICH AC	00:51:54	00:51:32	131	11	9
322	7	ANN MARSHALL	F	FV65	MARPLE RUNNERS	00:52:02	00:51:32	132	3	11
323	8	CAROLINE BELL	F	FV60	MARPLE RUNNERS	00:52:03	00:51:32	133	14	12
324	157	SHAWNA DELANEY	F	FSEN		00:52:04	00:51:33	134	47	
325	56	GREGORY DENT	M	MSEN	SPORTS FEET	00:52:04	00:51:26		191	70
326	123	EMMA BURNETT	F	FSEN		00:52:09	00:51:05	135	48	
327	124	MARK COSTELLO	M	MSEN		00:52:12	00:51:08		192	71
328	116	JULIA COLE	F	FV65		00:52:17	00:51:54	136	4	
329	55	ELLEN CLIFF	F	FV40	SPORTS FEET	00:52:21	00:51:43	137	12	4
330	35	ANNA MORRIS	F	FSEN		00:52:25	00:51:53	138	49	
331	414	RUKKI ABDULRAHMAN	F	FSEN	SPORTS FEET	00:52:31	00:52:17	139	50	5
332	177	SOPHIE HEAD	F	FSEN	LIVERPOOL RUNNING BUGS	00:52:44	00:52:33	140	51	3
333	283	NATHAN QUINN	M	MSEN		00:52:47	00:52:09		193	72
334	301	KIM TURNER	F	FV50	PRESTWICH PLODDERS	00:52:53	00:52:11	141	24	2
335	277	RACHEL COLBERT	F	FSEN	MILE SHY CLUB	00:52:54	00:52:37	142	52	2
336	262	ALAN JACKSON	M	MV75		00:52:55	00:52:40		194	7
337	332	DENNIS YARWOOD	M	MV60	SPECTRUM STRIDERS	00:52:58	00:52:40		195	18
338	214	PAULA ANDREWS	F	FV55	NORTH BOLTON RUNNERS	00:53:03	00:52:10	143	21	4
339	469	SAMANTHA GIBSON	F	FV55		00:53:05	00:52:14	144	22	
340	155	SARAH HASSALL	F	FV55	DEBSMADRUNNERS	00:53:11	00:52:39	145	23	1
341	345	DAN SONLEY	M	MSEN		00:53:12	00:52:37		196	73
342	405	CAROL HARPER	F	FV55		00:53:15	00:52:33	146	24	
343	477	CAROL RICHARDSON	F	FV60	BURNDEN ROAD RUNNERS	00:53:17	00:52:49	147	15	1
344	421	SHOBNA PARMENTER	F	FV60		00:53:33	00:53:15	148	16	
345	426	SOPHIE RICHARDSON	F	FV50		00:53:36	00:52:55	149	25	
346	291	CELIA REED	F	FV65	STYAL RUNNING CLUB	00:53:38	00:53:14	150	5	3
347	34	HANNAH CAMPBELL	F	FSEN		00:54:06	00:53:34	151	53	

348	407	HANNAH BLACKBURN	F	FSEN		00:54:14	00:53:26	152	54		
349	186	LAURA WATSON	F	FSEN	MONTON RUNNERS	00:54:16	00:53:22	153	55	6	
350	213	QUMER KHAN	F	FV50	NORTH BOLTON RUNNERS	00:54:21	00:53:31	154	26	5	
351	454	MANDY WINCKWORTH	F	FV70	STYAL RUNNING CLUB	00:54:34	00:54:07	155	2	4	
352	215	SHIRLEY WASHINGTON	F	FV60	NORTH BOLTON RUNNERS	00:54:40	00:53:50	156	17	6	
353	494	WENDY HIRST	F	FV60		00:54:44	00:53:56	157	18		
354	459	TURNER TURNER	F	FV55	BRAMHALL RUNNERS	00:54:48	00:54:18	158	25	6	
355	50	STEVE JONES	M	MV55	NEWTON RUNNERS	00:54:49	00:54:16		197	22	1
356	441	REBECCA FISK	F	FSEN		00:54:55	00:54:18	159	56		
357	46	SARAH GWINNETT	F	FV45	SPORTS FEET	00:54:59	00:54:21	160	15	6	
358	443	CAROLINE SKEELS	F	FV60	MILE SHY CLUB	00:55:01	00:54:13	161	19	3	
359	487	TOM JOHNSTON	M	MV55		00:55:08	00:54:45		198	23	
360	460	PHILIP HOPWOOD	M	MV60		00:55:11	00:54:48		199	19	
361	134	STEPH AGOREYO	F	FSEN		00:55:13	00:54:42	162	57		
362	60	ZOE PARKEY	F	FV60	SPORTS FEET	00:55:15	00:54:38	163	20	7	
363	498	CHERYL EVANS	F	FSEN		00:55:19	00:54:29	164	58		
364	403	LYNNE CHAMBERLAIN-BOWLES	F	FV60		00:55:25	00:54:32	165	21		
365	150	HAYLEY GODDARD	F	FSEN	SPORTS FEET	00:55:27	00:54:56	166	59	8	
366	149	SUSIE GODDARD	F	FV65	SPORTS FEET	00:55:27	00:54:54	167	6	9	
367	85	JAKE FLINT	M	MSEN		00:55:32	00:55:20		200	74	
368	444	LOUISE FAIRCLOUGH	F	FSEN		00:55:36	00:54:57	168	60		
369	330	SARAH MILLS	F	FV40		00:55:44	00:55:08	169	13		
370	219	MARK SMEETON	M	MV60		00:55:44	00:55:07		201	20	
371	189	ERIC ASHBY	M	MSEN	MONTON RUNNERS	00:55:47	00:55:00		202	75	15
372	379	VICKI SYMES	F	FV45		00:55:49	00:55:05	170	16		
373	462	SADIE CHADBURN	F	FV50	NORTH BOLTON RUNNERS	00:55:58	00:55:06	171	27	7	
374	417	ZOE SMITH	F	FV40		00:55:59	00:55:32	172	14		
375	396	TRACY WROE	F	FV60	RADCLIFFE AC	00:56:04	00:55:28	173	22	6	
376	314	JANET APPELYARD	F	FV70	OLDHAM & ROYTON H & AC	00:56:05	00:55:37	174	3	1	
377	63	KIERAN DELANEY	M	MV45		00:56:07	00:55:31		203	24	
378	151	PHIL BRYAN	M	MV45		00:56:08	00:55:05		204	25	
379	299	NICOLA SHARRATT	F	FV50		00:56:19	00:55:50	175	28		
380	73	LINDSEY BRUFORD	F	FV45	SWINTON RUNNING CLUB	00:56:26	00:55:35	176	17	3	
381	484	HANNAH BENTLEY	F	FSEN		00:56:38	00:55:49	177	61		
382	25	DEBBIE BOARDMAN	F	FV55	STOCKPORT HARRIERS & AC	00:56:44	00:56:07	178	26	2	
383	65	LIZ SMITH	F	FV45	MOOR ROAD RUNNERS	00:57:00	00:56:21	179	18	1	
384	360	NIKKI ANDERSON	F	FV55	RADCLIFFE AC	00:57:02	00:56:25	180	27	7	
385	142	JOANNE MARSHALL	F	FV55		00:57:22	00:56:41	181	28		
386	355	JENNA GALLAGHER	F	FV40	LIVERPOOL RUNNING BUGS	00:57:24	00:56:44	182	15	4	
387	20	LIBBY STANCOMBE	F	FSEN		00:57:34	00:56:42	183	62		
388	271	NAZIA HUSSAIN	F	FSEN		00:57:46	00:56:53	184	63		
389	272	IAN LOMAX	M	MV45	LEVENSHULME RUNNERS	00:57:47	00:56:54		205	26	2
390	451	KIRSTY BUCKLEY	F	FSEN		00:57:50	00:57:13	185	64		
391	2	HELEN LENEHAN	F	FV75		00:57:56	00:57:16	186	2		
392	158	KATE BUNTING	F	FV55		00:58:16	00:57:39	187	29		
393	49	EKENECHUKWU YOUNG	F	FV50		00:58:16	00:58:01	188	29		
394	346	LINDSAY WHITTAM	F	FV65	PENDLESIDE RUNNERS	00:58:19	00:57:53	189	7	1	
395	64	ANDREW MORGAN	M	MV55	MOOR ROAD RUNNERS	00:58:19	00:57:38		206	24	2
396	192	OLIVIA HIRST-WHYATT	F	FSEN	PRESTWICH PLODDERS	00:58:22	00:57:38	190	65	3	
397	268	ASHLEIGH TAYLOR	F	FSEN	LIVERPOOL RUNNING BUGS	00:58:27	00:57:47	191	66	5	
398	311	JANNEKE GLADWYN	F	FV40	NEWCASTLE STAFFS AC	00:58:30	00:58:01	192	16	1	
399	185	MAIREAD LEPKI	F	FV50	PRESTWICH PLODDERS	00:58:34	00:57:41	193	30	4	
400	380	LORRAINE ROGERS	F	FV50	FORDY RUNS RUNNING CLUB	00:58:53	00:58:09	194	31	1	
401	194	JACKIE JAMESON	F	FV45	PRESTWICH PLODDERS	00:58:53	00:58:10	195	19	5	
402	306	MATT TYRER	M	MV50	LIVERPOOL RUNNING BUGS	00:59:00	00:58:47		207	21	9
403	129	JONATHAN MCCANN	M	MSEN		00:59:00	00:58:15	208	76		
404	144	TIM MARSHALL	M	MV60		00:59:04	00:58:24	209	21		
405	29	DAVID CONNOLLY	M	MSEN		00:59:06	00:58:34		210	77	
406	27	RACHEL CONNOLLY	F	FSEN		00:59:07	00:58:36	196	67		
407	383	EMMA WILSON	F	FSEN	OLDHAM & ROYTON H & AC	00:59:11	00:58:54	197	68	2	
408	378	BERNADETTE BALL	F	FV70	NORTH BOLTON RUNNERS	00:59:13	00:58:21	198	4	8	
409	447	NATALIE REILLY	F	FV55		00:59:16	00:58:25	199	30		
410	453	MICHAEL SCOTT	M	MV65	RADCLIFFE AC	00:59:16	00:58:33		211	16	5
411	66	DIANE MATOS	F	FV55	SPORTS FEET	00:59:37	00:58:57	200	31	10	
412	327	HELEN CLOUGH	F	FSEN		00:59:44	00:58:51	201	69		
413	18	JOANNE LI	F	FV45		00:59:44	00:58:51	202	20		
414	5	SIMON RUSHTON	M	MV60	MARPLE RUNNERS	01:00:11	00:59:37		212	22	12
415	87	SADIA GILANI	F	FV45		01:00:51	00:59:55	203	21		
416	424	CHLOE SONLEY	F	FSEN		01:00:52	01:00:16	204	70		
417	428	LYNSEY BRANNAGAN	F	FV45	PRESTWICH PLODDERS	01:01:05	01:00:12	205	22	6	
418	86	STEPHEN RUFFLEY	M	MV65	LEIGH HARRIERS & AC	01:01:09	01:00:14		213	17	1
419	435	SOPHIE NORTH	F	FSEN		01:01:22	01:00:35	206	71		
420	416	ANDY THOMAS	M	MV40		01:01:45	01:01:17		214	16	
421	363	ANDREA SMETHURST	F	FV60		01:01:50	01:00:55	207	23		
422	427	ANGELA FRANCE	F	FV65		01:01:59	01:01:08	208	8		
423	278	GABI LIPSHEN	F	FV50	MONTON RUNNERS	01:02:17	01:01:27	209	32	7	
424	75	SHAYLLA LEVY	F	FV55	SWINTON RUNNING CLUB	01:02:41	01:01:52	210	32	4	
425	391	IAN WORTH	M	MV60		01:03:19	01:02:26		215	23	
426	146	CLAIRE MURPHY	F	FV45		01:04:06	01:03:24	211	23		
427	389	JOANNE MAINPRIZE	F	FV50		01:04:14	01:03:29	212	33		
428	44	SUZANNE BOOTHMAN	F	FV60	DAVENPORT RUNNERS	01:04:17	01:03:41	213	24	3	
429	41	LOUISE MCCARTHY	F	FV60		01:04:39	01:04:27	214	25		
430	40	AMY BRIERLEY	F	FSEN		01:04:39	01:04:28	215	72		
431	77	MARGARET PERRY	F	FV55	SWINTON RUNNING CLUB	01:05:01	01:04:09	216	33	5	
432	313	ROWAN TIDESWELL	F	FSEN		01:05:02	01:04:17	217	73		
433	499	LIN BORKIN	F	FV65		01:05:16	01:04:18	218	9		
434	11	LEA DANIELS	F	FV55	TWISTED RUNNING	01:05:35	01:05:05	219	34	1	

435	62	STACEY HOLMES	F	FV40		01:05:36	01:04:51	220		17	
436	61	AMANDA READ	F	FV50	NEWTON EFFERS AND JEFFERS	01:05:37	01:04:49	221		34	1
437	83	CORNELIUS CAREY	M	MV75		01:05:52	01:05:06		216	8	
438	82	YVONNE JOHNSON	F	FV75	PRESTWICH PLODDERS	01:06:15	01:05:31	222		3	7
439	80	JANE HILLARY	F	FV50	SWINTON RUNNING CLUB	01:06:19	01:05:27	223		35	6
440	341	BARBARA SHUTTLEWORTH	F	FV65		01:06:33	01:05:51	224		10	
441	410	JAN MAKINSON	F	FV65		01:06:57	01:06:00	225		11	
442	465	ALEX BURTON	F	FV45	PRESTWICH PLODDERS	01:09:06	01:08:23	226		24	8
443	273	SARA PARRY	F	FV50	RADCLIFFE AC	01:09:35	01:08:54	227		36	8
444	42	LYNN WATSON	F	FV65	SCARBOROUGH ATHLETIC CLUB	01:10:00	01:09:01	228		12	1
445	336	MAUREEN LATCHFORD	F	FV75		01:10:35	01:09:38	229		4	
446	362	SANDRA POWERS	F	FV65	RAMSBOTTOM RUNNING CLUB	01:12:03	01:11:07	230		13	1
447	436	AMY TRAYNOR	F	FSEN		01:12:53	01:12:07	231		74	
448	36	CHRISTINE GOVENDER	F	FSEN		01:13:22	01:12:41	232		75	
449	37	CALLUM GRADIDGE	M	MSEN		01:13:22	01:12:39		217	78	
450	446	LYNN SHAKESPEARE	F	FV75	PRESTWICH PLODDERS	01:16:40	01:15:44	233		5	9
DNF	88	LEXI REDFERN	F	FSEN	NORTH BOLTON RUNNERS						
DNF	476	JIM CARTER	M	MV50	YORK POSTAL HARRIERS						